

# PROTECT YOURSELF DURING EARTHQUAKE SHAKING



During earthquakes, drop to the floor, take cover under a sturdy desk or table, and hold on to it firmly.

Be prepared to move with it until the shaking stops.



GET PREPARED  
[Earthquakecountry.info](http://Earthquakecountry.info)



PROTECT YOURSELF  
[dropcoverholdon.org](http://dropcoverholdon.org)



PRACTICE ON 11.13.08  
[ShakeOut.org](http://ShakeOut.org)