



The Great Alaska ShakeOut

Annual Statewide Earthquake Drill

Get Ready to ShakeOut!

At 10:20 a.m. on October 20, 2016, hundreds of thousands of people will “Drop, Cover, and Hold On” in The Great Alaska ShakeOut, the state's largest earthquake drill ever!

Participation can be as simple as a one-minute “Drop, Cover and Hold On” drill. Many organizations will also plan a more extensive exercise.

Alaska has more earthquakes than any other state, and no one can predict when the next one is coming. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared.

Why is a “Drop, Cover, and Hold On” drill important? To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.



It is also recommended that you, your school or organization, and your community review and update plans and supplies, and secure your space in order to prevent damage and injuries.

Everyone can participate! Individuals, families, businesses, schools, government agencies and organizations are all invited to register.

Register today at **ShakeOut.org/alaska**

HOW TO PARTICIPATE

Here are simple things you can do to participate in the ShakeOut. Instructions and resources can be found at www.ShakeOut.org/alaska.

Plan Your Drill:

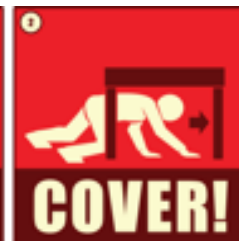
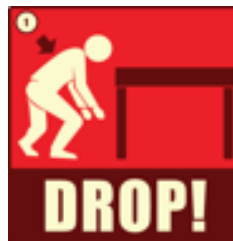
- Register at ShakeOut.org/alaska/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/alaska/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:20 am on October 20. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:

- Do a “hazard hunt” for items that might fall during earthquakes and secure them.
- Create a personal disaster plan.
- Organize or refresh your emergency supply kits.
- Identify and correct any issues in your building's structure.
- Other actions are at www.earthquakecountry.org.

Share the ShakeOut:

- Invite friends and family members to register.
- Encourage your community, employer, or other groups you are involved with to participate.
- Find posters, flyers, and other promotional materials at ShakeOut.org/alaska/resources.
- Share photos and stories of your drill at Shakeout.org/alaska/share.



As a registered ShakeOut Participant you will:

- Learn what you can do to get prepared
- Receive ShakeOut news and other earthquake information
- Be counted in the largest earthquake drill ever!
- Set an example that motivates others to participate

© 2016

