



The Great British Columbia ShakeOut

Annual Provincial-Wide Earthquake Drill

First Nations

Get Ready to ShakeOut!

At 10:00 a.m. on January 26, 2011, thousands of British Columbians will “Drop, Cover, and Hold On” in *The Great British Columbia ShakeOut*, the largest earthquake drill in BC history! All First Nations groups are encouraged to participate in the drill (or plan a more extensive exercise).

British Columbia is located in a seismically active region where a few thousand earthquakes occur each year in and adjacent to the province. The threat of a major earthquake in the province is real and all British Columbians must know how to be prepared.

The ShakeOut drill is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.



Why is having a “Drop, Cover, and Hold On” drill important? As with anything, to act quickly you must practice often. You may only have seconds to protect yourself in an earthquake

before strong shaking knocks you down, or before something falls on you.

Everyone can participate! Individuals, families, businesses, schools, government agencies and organizations are all invited to register.

Be a part of the largest earthquake drill in Canadian history on January 26, 2011 at 10am!

Register today at shakeoutbc.ca

HOW TO PARTICIPATE

Here are simple things First Nations groups can do to participate in the ShakeOut. Instructions and resources can be found at www.shakeoutbc.ca.

Plan Your Drill:

- Register at www.shakeoutbc.ca to be counted in the ShakeOut Drill, get email updates, and more.
- Have a “Drop, Cover, and Hold On” drill at 10:00 a.m. on January 26.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:

- Check your personal, family and community disaster plan.
- Organize or refresh your emergency supply kits.
- Contact your local emergency program for preparedness and response training.
- Other actions are at www.shakeoutbc.ca.

Share the ShakeOut:

- Encourage everyone in your community to register.
- Have a community party to discuss preparedness, and register for the ShakeOut.
- Encourage local businesses and other organizations to participate and distribute ShakeOut information.
- Share your experience at www.shakeoutbc.ca.



As a registered ShakeOut participant you will:

- Learn what you can do to get prepared
- Receive ShakeOut news and other earthquake information
- Be counted in the largest earthquake drill ever!
- Set an example that motivates others to participate