



Great ShakeOut Earthquake Preparedness Worksheet

Item 1: Create an earthquake safety plan for your home

During an earthquake everyone should immediately “Drop, Cover, and Hold On” under a sturdy table or desk. You should identify a safe area in each room so that you and your family know where to protect yourselves during earthquakes. If a room does not have a safe area to hide under, drop to the floor next to an interior wall and protect your head and neck with your hands. You should avoid exterior walls, windows, mirrors, hanging objects, large appliances, and tall furniture. Please fill in the “Safe Area” column on the next page.

Item 2: Secure objects in your home that might hurt you if they were to fall or be thrown across the room during an earthquake

Identify hazardous objects in each room in the “Things to Secure” column of the table on the next page. For instructions on how to secure objects read Step 1 in the “Putting Down Roots in Earthquake Country” booklet (www.earthquakecountry.org/roots). After identifying hazardous items, scouts and their families are encouraged to secure them with earthquake straps or earthquake putty, available at any home improvement store.

Item 3: Develop a family communications plan

Set up an out-of-state contact for everyone to call in the event of an earthquake to relay information when local phone lines will not work.

Out-of-state contact: _____ Phone Number: _____

Also, decide on a safe and clear location outside of your home that everyone in your family can meet after the shaking stops. Be ready for aftershocks.

Safe Meeting Location: _____

Item 4: Make a Disaster Supplies Kit

Complete this step at home with your family. Items for your kit are in Step 3 in the “Putting Down Roots in Earthquake Country” booklet (www.earthquakecountry.org/roots).

Item 5: Participate in the Great ShakeOut

For information about the Great ShakeOut drill visit www.shakeout.org. Encourage your parents to register your family for the drill. If your school is not registered to participate, speak with your teacher or principal, as you will likely be in school at the time of the drill. Then also meet with your troop on the day of the drill or another time the same week to have a troop drill.



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