



# The Great Central U.S. ShakeOut

Multi-State Earthquake Drill

## Federal Government Get Ready to ShakeOut!

**At 10:15 a.m. on February 7, 2012**, millions will “Drop, Cover, and Hold On” in The Great Central U.S. ShakeOut, the largest earthquake drill ever! All federal government and agencies are encouraged to participate in the drill (or plan a more extensive exercise) at 10:15 a.m. on 2/7!

More than 1 million people in communities throughout the states of Alabama, Arkansas, Illinois, Indiana, Kentucky, Mississippi, Missouri, and Tennessee will participate in this event. People and organizations in other states are also encouraged to participate.

Major earthquakes may happen anywhere you work, live, or travel in the Central U.S. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.



Why is a “Drop, Cover, and Hold On” drill important? As with anything, to act quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

**Everyone can participate!** Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at [ShakeOut.org](http://ShakeOut.org)

### HOW TO PARTICIPATE

Here are a few suggestions for how all federal government departments and agencies can participate. More information is at [www.ShakeOut.org/centralus/federalgovernment](http://www.ShakeOut.org/centralus/federalgovernment).

#### Plan Your Drill:

- Register at [www.ShakeOut.org/centralus/register](http://www.ShakeOut.org/centralus/register) to be counted in the ShakeOut Drill, get email updates, and more.
- Download a Drill Broadcast recording from [www.ShakeOut.org/drill/broadcast](http://www.ShakeOut.org/drill/broadcast).
- Have a “Drop, Cover, and Hold On” drill at 10:15 a.m. on February 7. You may also want to coordinate a more extensive exercise of your emergency plan.
- Discuss what you learned and make improvements.

#### Get Prepared for Earthquakes:

- Secure building contents with seismic restraints.
- Learn about CISM tools for your DOCs.
- Encourage employees to prepare at home.
- Be sure there are fresh, accessible supplies to support your personnel while they manage an event.
- Provide CERT training for employees.

#### Share the ShakeOut:

- Encourage everyone to ask their friends, families, neighbors, businesses and non-profits to register.
- Include ShakeOut messaging in routine activities, and add a link to ShakeOut.org from your web site.
- Find posters, flyers, and other materials for promoting the ShakeOut are at [www.ShakeOut.org/centralus/resources](http://www.ShakeOut.org/centralus/resources).
- Share your experience at [www.shakeout.org/centralus/share](http://www.shakeout.org/centralus/share).



**As a registered ShakeOut participant you will:**

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever!
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate

