The Great CNMI ShakeOut

Annual Earthquake Drill

Volunteer Radio Groups

At 10:20 a.m. on October 20, 2016, thousands of people will "Drop, Cover, and Hold On" in The Great CNMI ShakeOut, the commonwealth's largest earthquake drill ever! All volunteer radio groups are encouraged to participate in the drill (or plan a more extensive exercise).

Major earthquakes may happen anywhere you live, work, or travel. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent a major earthquake from becoming a catastrophe for you, your organization, and your community.

Why is a "Drop, Cover, and Hold On" drill important? To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Millions of people worldwide have participated in Great ShakeOut Earthquake Drills since 2008. The Great CNMI ShakeOut is held on the third Thursday of October each year.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at **ShakeOut.org/cnmi**

HOW TO PARTICIPATE

Here are a few suggestions for what volunteer radio groups can do to participate in the ShakeOut. Learn more at ShakeOut.org/cnmi/howtoparticipate.

Plan Your Drill:
- Register at ShakeOut.org/cnmi/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/cnmi/drill/broadcast.
- Have a "Drop, Cover, and Hold On" drill at 10:20 a.m. on October 20. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
- Update MOUs with critical partners, community leaders and sponsors.
- Check your emergency equipment, such as fire extinguishers, first aid supplies and alternative power.
- Inspect your facilities for items that might fall and cause injury, and secure them with seismic restraints.
- Encourage all members to prepare at home.
- Provide CERT training.

Share the ShakeOut:
- Encourage everyone to ask their friends, families, neighbors and local businesses to register.
- Ask colleagues in other groups to participate.
- Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/cnmi/resources.
- Share photos and stories of your drill at Shakeout.org/cnmi/share.

As a registered ShakeOut Participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever!
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate

© 2016

nehrp FEMA