Here are a few suggestions for what childcare and preschool facilities can do to participate in the ShakeOut. More information and resources are at ShakeOut.org/americansamoa/howtoparticipate.

Plan Your Drill:
• Register at ShakeOut.org/americansamoa to be counted as participating, get email updates, and more.
• Download a Drill Broadcast recording from ShakeOut.org/americansamoa/drill/broadcast.
• Have a “Drop, Cover, and Hold On” drill at 10:19 a.m. on October 19. You can also practice other aspects of your emergency plan.
• Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
• Identify items that might fall and cause injury, and secure them with appropriate seismic restraints.
• Create and/or update your disaster plan.
• Check your emergency supplies; make sure they are fresh, accessible and functional.
• Encourage staff and children to prepare at home.
• Provide first aid and response training for staff.

Share the ShakeOut:
• Encourage staff and children’s families to ask their friends and neighbors to register.
• Ask colleagues at other facilities to participate.
• Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/americansamoa/resources.
• Share photos and stories of your drill at Shakeout.org/americansamoa/share.

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As a registered ShakeOut Participant you will:
• Learn what you can do to get prepared
• Be counted in the largest earthquake drill ever
• Receive ShakeOut news and other earthquake information
• Set an example that motivates others to participate