Here are a few suggestions for how all tribes can participate in the ShakeOut. Find more information at ShakeOut.org/americansamoa/howtoparticipate.

Plan Your Drill:
• Register at ShakeOut.org/americansamoa to be counted as participating, get email updates, and more.
• Download a Drill Broadcast recording from ShakeOut.org/americansamoa/drill/broadcast.
• Have a “Drop, Cover, and Hold On” drill at 10:19 a.m. on October 19. You may also want to coordinate a more extensive exercise of your emergency plan.
• Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
• Secure building contents with seismic restraints.
• Encourage employees to prepare at home.
• Be sure there are fresh, accessible supplies to support your personnel while they manage an event.
• Provide CERT training for employees.

Share the ShakeOut:
• Outreach to all stakeholders to encourage everyone to register, prepare and drill.
• Add a link to ShakeOut.org from your web site.
• Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/americansamoa/resources.
• Share photos and stories of your drill at ShakeOut.org/americansamoa/share.

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