Here are a few suggestions for what healthcare facilities can do to participate in the ShakeOut. Learn more at ShakeOut.org/arizona/howtoparticipate.

Plan Your Drill:
- Register at ShakeOut.org/arizona/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/arizona/drill/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:17 a.m. on October 17. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
- Check your emergency supplies and equipment; make sure they are accessible and functional.
- Inspect your facilities for items that might fall and cause injury, and secure them.
- Make sure critical staff members are prepared at home so they can report to work or stay on duty.

Share the ShakeOut:
- Encourage staff to ask their friends, families, and neighbors to register.
- Ask other medical center and offices to participate.
- Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/arizona/resources.
- Share photos and stories of your drill at Shakeout.org/arizona/share.

Millions of people worldwide have participated in Great ShakeOut Earthquake Drills since 2008. The Great Arizona ShakeOut is held on the third Thursday of October each year.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

As a registered ShakeOut Participant you will:
- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate