The Great Arizona ShakeOut

Annual Statewide Earthquake Drill

Healthcare Organizations

At 10:21 a.m. on October 21, 2021, thousands of Arizonans will "Drop, Cover, and Hold On" in The Great Arizona ShakeOut, the state's largest earthquake drill ever! All healthcare centers and other facilities are encouraged to participate in the drill (or plan a more extensive exercise).

Major earthquakes may happen anywhere you live, work, or travel. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent a major earthquake from becoming a catastrophe for you, your organization, and your community.

Why is a "Drop, Cover, and Hold On" drill important? To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Millions of people worldwide have participated in Great ShakeOut Earthquake Drills since 2008. The Great Arizona ShakeOut is held on the third Thursday of October each year.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at **ShakeOut.org/arizona**

HOW TO PARTICIPATE

Here are a few suggestions for what healthcare facilities can do to participate in the ShakeOut. Learn more at ShakeOut.org/arizona/howtoparticipate and ShakeOut.org/healthcare.

Plan Your Drill:
- Register at ShakeOut.org/arizona/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/arizona/drill/broadcast.
- Have a "Drop, Cover, and Hold On" drill at 10:21 a.m. on October 21. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
- Check your emergency supplies and equipment; make sure they are accessible and functional.
- Inspect your facilities for items that might fall and cause injury, and secure them.
- Make sure critical staff members are prepared at home so they can report to work or stay on duty.

Share the ShakeOut:
- Encourage staff to ask their friends, families, and neighbors to register.
- Ask other medical center and offices to participate.
- Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/arizona/resources.
- Share photos and stories of your drill at Shakeout.org/arizona/share.

As a registered ShakeOut Participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate

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