You are invited to join thousands of people who will "Drop, Cover, and Hold On" on October 20th at 10:20 a.m. in the 2022 Great Arizona ShakeOut!

More than 67 million people were registered in ShakeOut drills worldwide in 2019. Participating is a great way for your family or organization to become better prepared to survive and recover quickly from big earthquakes.

Why is "Drop, Cover, and Hold On" important to practice? You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you. Practicing helps you be ready to react. Visit ShakeOut.org/dropcoverholdon to learn more.

It is also recommended that you, your school or organization, and your community review and update plans and supplies, and secure your space in order to prevent damage and injuries.

Everyone can participate! Individuals, families, schools, government agencies, businesses and other organizations are all invited to register.

As a registered ShakeOut Participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate

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