

This is the Great Central U.S. ShakeOut. You are joining in the largest earthquake drill in the region's history. We're practicing now so we'll know how to protect ourselves during a real earthquake.

This is an earthquake drill. Right now, **DROP, COVER, AND HOLD ON.**

Unless you are driving, **DROP** to the ground now: if you're standing during a large earthquake, the ground might jerk strongly and throw you down. Take **COVER** under something sturdy to protect yourself from objects being hurled across the room. **HOLD ON** to it until the shaking stops. If you can't get under something, stay low and protect your head and neck with your arms. Try to stay calm while the ground shakes.

Now look around. What objects might fall or be thrown at you in an earthquake, that you should secure in place now?

The shaking has stopped and the drill is now over. Calmly get up and remember aftershocks may occur after an earthquake.

Visit ShakeOut.org/centralus for simple steps to help you survive a damaging earthquake. Thank you for taking part in the Great Central U.S. ShakeOut!