



NEWS RELEASE

FOR IMMEDIATE RELEASE

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Only One Month Left Until The Great California ShakeOut

At 10:20 a.m. on October 20, millions of Californians will participate in the largest earthquake drill ever! Why? Major earthquakes can and will happen anywhere you work, live, or travel in California. But when each second counts, you want to take quake-safe actions.

With one month until the 2011 Great California ShakeOut, more than 7 million people – in businesses, government offices, neighborhoods, schools, and as individuals – have registered. The drill, now a statewide event, offers an annual opportunity to improve preparedness and practice protective actions across the Golden State.

Everyone can participate! Individuals, families, businesses, schools, government agencies and organizations are all invited to join in at 10:20 a.m. on 10/20/2011. So far, more than 500,000 San Bernardino County residents, businesses and other participants have registered, and there's still time to sign up at www.ShakeOut.org.

One of the most crucial preparedness steps is to maintain an emergency supplies kit – food, water, first aid supplies, clothing and bedding, tools and emergency supplies and special items for medical conditions. Residents should keep enough food and water supplies to sustain themselves for a minimum of 5-7 days, but it's best to prepare for two weeks. Residents can download preparedness documents including a checklist of Emergency Supply Kit contents, and tips for food and water storage from www.sbcfire.org and clicking on the Earthquake link. Complete emergency kits can also be purchased from the Red Cross. Residents may sign up for emergency alerts via cell phones by visiting sbcfire.org and clicking on the flashing Emergency Alert button.

Learn tips about being quake-safe and more at www.ShakeOut.org