Here are some suggestions for what healthcare facilities can do to participate in the Great ShakeOut:

**Plan Your Drill:**
- Register at ShakeOut.org/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/drill/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:17 a.m. on October 17. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

**Get Prepared for Earthquakes:**
- Check your emergency supplies and equipment; make sure they are accessible and functional.
- Inspect your facilities for items that might fall and cause injury, and secure them.
- Make sure critical staff members are prepared at home so they can report to work or stay on duty.

**Share the Great ShakeOut:**
- Encourage staff to ask their friends, families, and neighbors to register.
- Ask other medical center and offices to participate.
- Find posters, flyers, and other materials for promoting the Great ShakeOut at ShakeOut.org/resources.
- Share photos and stories of your drill at ShakeOut.org/share.

At 10:17 a.m. on October 17, 2019, millions of people will “Drop, Cover, and Hold On” in The Great ShakeOut, the world's largest earthquake drill ever! All healthcare centers and other facilities are encouraged to participate in the drill (or plan a more extensive exercise).

Major earthquakes may happen anywhere you live, work, or travel. The Great ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent a major earthquake from becoming a catastrophe for you, your organization, and your community.

Why is a “Drop, Cover, and Hold On” drill important? To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.