Here are a few suggestions for how all disability/AFN organizations can participate in the ShakeOut. Learn more at ShakeOut.org/northeast/howtoparticipate.

**Plan Your Drill:**
- Register at ShakeOut.org/northeast/register to be counted as participating and get email updates.
- Download a Drill Broadcast recording from ShakeOut.org/northeast/drill/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:15 a.m. on October 15. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

**Get Prepared for Earthquakes:**
- Organize a support network to help your clients if they need to be evacuated who know how to operate necessary equipment.
- Ensure your organization has an emergency plan before a disaster happens.
- Keep at least a seven day supply of medications.
- Encourage clients to wear a medical alert tag or bracelet to identify their disability or health condition.

**Share the ShakeOut:**
- Outreach to everyone in the community and encourage them to register, prepare and drill.
- Add a link to ShakeOut.org from your web site.
- Find posters, flyers, and other materials for promoting the ShakeOut are at ShakeOut.org/northeast/resources.
- Share photos and stories of your drill at ShakeOut.org/northeast/share.

**Everyone can participate!** Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Millions of people worldwide have participated in Great ShakeOut Earthquake Drills since 2008. The Great NorthEast ShakeOut is held on the third Thursday of October each year.

**As a registered ShakeOut Participant you will:**
- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate

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