The Great Oregon ShakeOut

Annual Statewide Earthquake Drill

Childcare and Pre-School

At 10:15 a.m. on October 15, 2020, thousands of Oregonians will "Drop, Cover, and Hold On" in The Great Oregon ShakeOut, the state's largest earthquake drill ever! All childcare centers, in-home childcare, and pre-schools are encouraged to participate in the drill (or plan a more extensive exercise).

Major earthquakes may happen anywhere you live, work, or travel. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent a major earthquake from becoming a catastrophe for you, your organization, and your community.

Why is a "Drop, Cover, and Hold On" drill important? To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Millions of people worldwide have participated in Great ShakeOut Earthquake Drills since 2008. The Great Oregon ShakeOut is held on the third Thursday of October each year.

Everyone can participate! Individuals, families, businesses, schools, colleges, government agencies and organizations are all invited to register.

Register today at **ShakeOut.org/oregon**

HOW TO PARTICIPATE

Here are a few suggestions for what childcare and pre-school facilities can do to participate in the ShakeOut. Learn more at ShakeOut.org/oregon/howtoparticipate.

Plan Your Drill:
- Register at ShakeOut.org/oregon/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/oregon/drill/broadcast.
- Have a "Drop, Cover, and Hold On" drill at 10:15 a.m. on October 15.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
- Identify items that might fall and cause injury, and secure them with appropriate seismic restraints.
- Create and/or update your disaster plan.
- Check your emergency supplies; make sure they are fresh, accessible and functional.
- Encourage staff and children to prepare at home.
- Provide first aid and response training for staff.

Share the ShakeOut:
- Encourage staff and children's families to ask their friends and neighbors to register.
- Ask colleagues at other facilities to participate.
- Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/oregon/resources.
- Share photos and stories of your drill at Shakeout.org/oregon/share.

As a registered ShakeOut Participant you will:

- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate

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