Here are a few suggestions for what childcare and preschool facilities can do to participate in the ShakeOut. Learn more at ShakeOut.org/oregon/howtoparticipate.

Plan Your Drill:
- Register at ShakeOut.org/oregon/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/oregon/drill/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:19 a.m. on October 19.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
- Identify items that might fall and cause injury, and secure them with appropriate seismic restraints.
- Create and/or update your disaster plan.
- Check your emergency supplies; make sure they are fresh, accessible and functional.
- Encourage staff and children to prepare at home.
- Provide first aid and response training for staff.

Share the ShakeOut:
- Encourage staff and children’s families to ask their friends and neighbors to register.
- Ask colleagues at other facilities to participate.
- Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/oregon/resources.
- Share photos and stories of your drill at ShakeOut.org/oregon/share.

As a registered ShakeOut Participant you will:
- Learn what you can do to get prepared
- Be counted in the largest earthquake drill ever
- Receive ShakeOut news and other earthquake information
- Set an example that motivates others to participate