Here are a few suggestions for how senior facilities/communities can participate in the ShakeOut. Learn more at ShakeOut.org/texas/howtoparticipate.

Plan Your Drill:
- Register at ShakeOut.org/texas/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/texas/drill/broadcast.
- Have a “Drop, Cover, and Hold On” drill at 10:20 a.m. on October 20. You can also practice other aspects of your emergency plan.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
- Create (or update) and practice an overall disaster plan.
- Distribute “Ok/Help” status signs for residents to use.
- Secure furnishings & other contents in offices and living spaces with appropriate seismic restraints.
- Encourage both staff and residents to prepare at home.
- Organize a support network for those who may need to be evacuated.
- Keep at least a 7 day supply of essential medications.

Share the ShakeOut:
- Encourage everyone to urge others to register, and ask neighborhood businesses to post flyers.
- Encourage other similar organizations to participate.
- Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/texas/resources.
- Share photos and stories of your drill at ShakeOut.org/texas/share.

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