Here are a few suggestions for what healthcare facilities can do to participate in the ShakeOut. Learn more at ShakeOut.org/uppermidwest/howtoparticipate and ShakeOut.org/healthcare.

Plan Your Drill:
• Register at ShakeOut.org/uppermidwest/register to be counted as participating, get email updates, and more.
• Download a Drill Broadcast recording from ShakeOut.org/uppermidwest/drill/broadcast.
• Have a “Drop, Cover, and Hold On” drill at 10:20 a.m. on October 20.

You may also want to exercise other aspects of your emergency plan.
• Discuss what you learned and make improvements.

Get Prepared for Earthquakes:
• Check your emergency supplies and equipment; make sure they are accessible and functional.
• Inspect your facilities for items that might fall and cause injury, and secure them.
• Make sure critical staff members are prepared at home so they can report to work or stay on duty.

Share the ShakeOut:
• Encourage staff to ask their friends, families, and neighbors to register.
• Ask other medical center and offices to participate.
• Find posters, flyers, and other materials for promoting the ShakeOut at ShakeOut.org/uppermidwest/resources.
• Share photos and stories of your drill at Shakeout.org/uppermidwest/share.

As a registered ShakeOut Participant you will:
• Learn what you can do to get prepared
• Be counted in the largest earthquake drill ever
• Receive ShakeOut news and other earthquake information
• Set an example that motivates others to participate

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