The Great Utah ShakeOut



Federal/National Government: *Get Ready to #ShakeOut!*

Join millions of people worldwide each year in practicing a "Drop, Cover, and Hold On" drill and other earthquake safety actions. The **Third Thursday of April** is when most Utahns will participate, but you can hold your drill on any day of the year!

Everyone, everywhere can participate: individuals, families, schools, community groups, and other organizations can practice separately or together, even in multiple locations through videoconferencing. Learn more at **ShakeOut.org/utah/howtoparticipate**.

Join Millions! Register at ShakeOut.ora/Utah

How to Participate

Plan Your Drill:

- Register at **ShakeOut.org** to be counted and get updates.
- Learn earthquake safety at **ShakeOut.org/dropcoverholdon**.
- Choose a presentation from **ShakeOut.org/presentations**.
- Get a drill narration from **ShakeOut.org/utah/broadcast**.
- Inform your staff about the drill and invite participation.
- Include other aspects of your emergency plans in your drill.
- Hold your earthquake drill and discuss what you learned.

Get Prepared for Earthquakes:

- Secure items that might fall or be thrown during earthquakes.
- Review and update your organization's disaster plans.
- Provide CERT training for your staff.
- Organize or restock emergency supply kits.
- Encourage staff to prepare at home.
- Visit **EarthquakeCountry.org** to learn more about preparedness.

Share the ShakeOut:

- Encourage staff to register and conduct home drills.
- Ask colleagues in other organizations to participate.
- Promotional materials are at **ShakeOut.org/utah/resources**.
- Highlight ShakeOut on your website and through social media.
- Share photos and videos of your drill using #ShakeOut.

If You Feel Shaking or Get an Alert

If Possible



Using Cane



Using Walker



Using Wheelchair



EarthquakeCountry.org/step5







