# The Great Utah ShakeOut



# **Volunteer/Service Clubs:** Get Ready to #ShakeOut!

Join millions of people worldwide each year in practicing a "Drop, Cover, and Hold On" drill and other earthquake safety actions. The **Third Thursday of April** is when most Utahns will participate, but you can hold your drill on any day of the year!

Everyone, everywhere can participate: individuals, families, schools, community groups, and other organizations can practice separately or together, even in multiple locations through videoconferencing. Learn more at **ShakeOut.org/utah/howtoparticipate**.

Join Millions!
Register at
ShakeOut.org/Utah

# **How to Participate**

## Plan Your Drill:

- Register at ShakeOut.org to be counted and get updates.
- Learn earthquake safety at **ShakeOut.org/dropcoverholdon**.
- Choose a presentation from **ShakeOut.org/presentations**.
- Get a drill narration from ShakeOut.org/utah/broadcast.
- Inform members about your drill and invite participation.
- Include other aspects of your emergency plans in your drill.
- Assist other organizations with implementing their drills.
- Hold your earthquake drill and discuss what you learned.

## **Get Prepared for Earthquakes:**

- Secure items that might fall or be thrown during earthquakes.
- Review and update your organization's disaster plans.
- Provide CERT training for your staff.
- Organize or restock emergency supply kits, food, water, etc.
- Encourage everyone to prepare at home.
- Visit EarthquakeCountry.org to learn more about preparedness.

## Share the ShakeOut:

- Encourage everyone to register and conduct home drills.
- Ask colleagues in other organizations to participate.
- Promotional materials are at **ShakeOut.org/utah/resources**.
- Highlight ShakeOut on your website and through social media.
- Share photos and videos of your drill using #ShakeOut.

# If You Feel Shaking or Get an Alert

## **If Possible**



## **Using Cane**



## **Using Walker**



## **Using Wheelchair**



EarthquakeCountry.org/step5







