Consider Yourself Alerted:

Register today, and join us at 10:16 on 10/16 for the Great ShakeOut Earthquake/Tsunami Drill!



<u>When?</u> Set your alarms now to be alerted about the drill: 10:16 a.m., on 10/16 (*Or a more convenient time for you!*)

<u>What?</u> A drill simulating that an earthquake has occurred, and an opportunity to practice how you would protect yourself in that situation. **Drop, Cover, and Hold on to protect yourself, and stay there for a minute!**

If you live in a tsunami hazard zone, this is also the perfect time to practice walking your <u>tsunami</u> <u>evacuation route</u> to high ground!

<u>Where?</u> Wherever you are! Earthquakes can strike at any time, so it's not unrealistic for one to happen while you're in the place where you are at 10:16 on 10/16 - why not practice?

Why? Washington is earthquake Country. After California, we have the 2nd-highest risk from earthquakes in the U.S. The State also has more than 3,000 miles of shoreline, all susceptible to tsunami hazards. "Drop, Cover, and Hold on" is the best way to protect yourself from the immediate hazards of falling objects, the ground shaking beneath you, and other dangers from earthquakes. Practicing now (before the ground is shaking) will help ensure that you know how to protect yourself quickly when an earthquake strikes!

Even with the <u>ShakeAlert Earthquake Early Warning system</u> in Washington, you'll still only get seconds of warning before shaking starts. Learn how to protect yourself quickly, to reduce your chance of injury.

How to "Drop, Cover, and Hold On" depends on where you are. Understand how to best protect yourself in a wide variety of situations where you might be when an earthquake occurs: https://www.youtube.com/watch?v=NHm6ZYfq8Pk.

Think the places where you spend the most time (Bed? Your desk at work? A room in your home? Etc.?) how would you protect yourself if you received an alert, or felt the ground begin to shake while you were there?

Register yourself, your family, and/or your organization for the Great Washington ShakeOut Drill today, for free, at https://www.ShakeOut.org/Washington.

What do we mean by "do one more thing?"
"Home Hazard Hunt"

For other examples of "One more thing" you can do, check out the Prepare in a Year guide, which has 12 excellent examples of activities you could do on your own, or with your family/friends/coworkers, etc., and tips on how to get started on each. The guide is available in 6 languages at https://mil.wa.gov/PIY

What if I'd like to do more than just Drop, Cover, and Hold on?

You're more than welcome to! The Great ShakeOut is a fantastic opportunity to do things like test your communications plans, or continuity of operations plans to make sure they actually make sense. For some additional resources which include resources on how to plan drills, feel free to see the Drill Manuals available at https://www.ShakeOut.org/Resources.

Don't forget, if you want to spend more time planning for a drill, you don't have to hold your drill on the 16th. Register and hold your ShakeOut Drill on a different day. You can't schedule an earthquake, but you can schedule your ShakeOut drill!

More information:

Visit https://mil.wa.gov/earthquake to learn more about Washington's earthquake hazard and how to protect yourself

Visit https://mil.wa.gov/tsunami to learn more our Washington's tsunami hazards, learn about sirens and where they're located, what they sound like, and to find your evacuation routes!

Visit https://www.shakeout.org/washington to register for the Great ShakeOut Drill! Think about registering your family, but also your workplace, your school, or an organization you are part of.

Visit https://mil.wa.gov/alerts To learn how to ensure that the ShakeAlert Earthquake Early Warning System is enabled on your phone, and can provide seconds of warning before earthquake shaking.

Visit https://mil.wa.gov/ShakeOut for resources to help your share information about the ShakeOut, and about Washington's Earthquake/Tsunami hazards. Become a ShakeOut Champion!

Thank you for taking the time to be better prepared for Washington's Earthquake Hazards!

